



# Linda Howe

bring your soul's purposes to life

## **Linda Howe, author and teacher**

**[www.LindaHowe.com](http://www.LindaHowe.com)**

### **Biography**

Now in her third decade of spiritual teaching, Dr. Linda Howe is an award-winning author, teacher, and world-renowned leading expert in the field of Akashic Studies. She was the first person to bring the Akashic Records to the world community and make teachable access to the Records available to anyone with a desire to learn, starting in 1996. She founded the Linda Howe Center for Akashic Studies in Chicago in 2001, teaching thousands of people globally. Howe focuses on the Akashic Records as a spiritual resource for personal empowerment and transformation and offers a full curriculum in English and Chinese.

### **Publishing**

In 2009, Howe published “How to Read the Akashic Records: Accessing the Archive of the Soul and Its Journey” (Sounds True, ISBN 978-1591799047), audio set and book. This was the first time that access to the Akashic Records was made widely available to the public with complete instruction. In 2010 the book won the Coalition of Visionary Resources (COVR) Award for Best Spirituality/Alternative Science Book. In 2018, "How to Read the Akashic Records" was awarded Silver Winner Iconic Book by COVR.

In 2011, Howe published “Healing Through the Akashic Records: Using the Power of Your Sacred Wounds to Discover Your Soul’s Perfection” (Sounds True, ISBN 978-1622036042), audio set and book. In 2012, the book was awarded Second Runner-Up Award for Best Spirituality/Alternative Science Book by the Coalition of Visionary Resources (COVR). The book was reissued in paperback in June 2016.

In 2015, Howe published “Discover Your Soul’s Path Through the Akashic Records: Taking Your Life from Ordinary to ExtraOrdinary” (Hay House, ISBN 978-1401946135) in paperback. In 2016, the book won the Coalition of Visionary Resources (COVR) Award for Best Contemporary Spirituality Book.

In 2020, Howe released the long-anticipated “Inspired Manifesting: Elevate Your Energy and Ignite Your Dreams Through the Akashic Records” (Energy Integrity Publishing, ISBN 978-1949661385).

In 2022, Howe created a compilation volume of her teachings, “The Heart of the Akashic Records Revealed” (Modern Wisdom Press, ISBN 978-1951692230).



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In addition to her five books, Howe has published many articles and has been the subject of scores of interviews, blog posts, and summits.

## Education

After attending Chicago Public elementary and high school, Howe received her Bachelor of Arts in History in 1976 from Mundelein College, a Catholic women's college in Chicago. This was followed by graduate work in Russian History at the University of Illinois at Urbana-Champaign from 1984-1986.

In December 2015, Howe received her Doctoral Degree in Spiritual Studies with a Specialty in the Akashic Records from Emerson Theological Institute in Oakhurst, CA. She is the first person to have received this degree. As a result of her work, students globally have the opportunity to earn a B.A. or M.A. in Spiritual Studies Specializing in the Akashic Records for personal empowerment.

## Works

Howe began her formal spiritual studies in the 1980s as her spiritual quest led her to many different churches and prayer groups, and seminars of different types, and she began doing Tarot consultations with a focus on interpersonal relationships, motivation, and the human psyche. She also studied Religious Science, the Infinite Way by Joel Goldsmith and the Ancient Wisdom teachings of the Tibetan, Dwal Kuhl, by Alice A. Bailey. She is an on-going student of the Group For Creative Meditation.

Howe began work as a Spiritual Consultant and offered individuals and small groups spiritual development consultations, applying classic, core shamanic healing and other spiritual modalities from 1986 to 1994. In 1994, she was trained in the Akashic Records and provided consultations to 10 to 20 individuals per week for spiritual guidance based in the Akasha and focused on personal empowerment and spiritual healing.

She was certified as an Akashic Records Teacher in 1996 and developed and implemented comprehensive curriculum for consciousness development and personal transformation through the Akashic Records; trained and certified groups of diverse individuals from all over the world. In 2001 she originated Pathway Prayer Process© to access the Heart of the Records and founded Center for Akashic Studies in Chicago, Illinois, an instructional hub for Akashic practitioners. She also instituted an intensive year-long Akashic Records Teacher Training Program, certifying teachers from all over the globe to teach the Pathway Prayer Process©.

Since 2010, Howe has been teaching a variety of online and in-person courses within and outside of the Akashic Records as requested/sponsored by the Center for Akashic Studies, Daily



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OM, and other healthcare facilities, yoga centers, and bookstores. She is a frequent guest on various radio and TV programs and featured speaker in programs sponsored by Sounds True Publishing, the Infinity Foundation, Kripalu Center, Omega Institute, Daily Om, Circles of Wisdom, and Aha! Moments. She also teaches intensive Akashic Records training programs in Chinese.

## **Personal**

Howe lives with her partner Lisa Howe-Ebright in River Forest, Illinois.