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**DR. LINDA HOWE**

- Suggested Author Introductions
- Suggested Interview Questions
- More about Dr. Linda Howe/Biographical information

**SUGGESTED AUTHOR INTRODUCTION:**

Dr. Linda Howe is an award-winning author, teacher, and world-renowned leading expert in the field of Akashic Studies. She was the first person to bring the Akashic Records to the world community and make teachable access to the Records available to anyone with a desire to learn, starting in 1996. She founded the Linda Howe Center for Akashic Studies in Chicago in 2001, teaching thousands of people globally. Linda's joy is focusing on the Records as a spiritual resource for personal empowerment and transformation. She is especially excited to share the recent revision of her book *Healing Through the Akashic Records*, now available in paperback. Her other books include *Discover Your Soul's Path Through the Akashic Records* and *How to Read the Akashic Records*.

**OPTIONAL INTRODUCTION:**

In her recently revised book *Healing Through the Akashic Records*, leading Records expert Dr. Linda Howe shares insights into the Akasha in an accessible, fresh way. Not since Edgar Cayce has there been such a renewed interest in the Akashic Records, also known as the energetic archive of the Soul. Linda was the first person to bring the Records to the world community and make teachable access available to anyone with a desire to learn. She empowers people, through her books, workshops, and online classes, to personally tap into the eternal wisdom of their Soul for practical application in their daily lives.

**SUGGESTED INTERVIEW QUESTIONS:**

***PLEASE NOTE: Linda Howe does not demonstrate opening the Akashic Records or do readings for individuals as part of any media interview. However, Linda is happy to take questions from listeners about the book or how the Akashic Records can be useful in their own lives.***

1. What are the Akashic Records and why are they important?
2. How did you come to work in the Records?
3. Why is your Pathway Prayer Process© revolutionary?

4. What kinds of healing can we obtain through the Records?
5. You talk in your book about Sacred Wounds—as points of power, as a pathway to peace, as a platform for transcendence and transformation. What are these wounds, and why are they so powerful?
6. What is the three-stage journey of liberation?
7. How is self-acceptance a spiritual practice?
8. How do we get from resentment from forgiveness?
9. How do we escape from limiting patterns?
10. What is the Ascension Matrix of Gratitude, Grace, and Generosity, and how is it helpful to us?
11. What is the Linda Howe Center for Akashic Studies?
12. I understand that you have teamed with Learn It Live to teach live video classes. What are the benefits of teaching through live video?
13. Is your On-Demand Certification Program video or audio? What do “On-Demand” and “Certification” refer to?
14. How can we find out more about your work? [www.AkashicStudies.com](http://www.AkashicStudies.com) and [www.LindaHowe.com](http://www.LindaHowe.com)

#### **BIOGRAPHY:**

Dr. Linda Howe is an award-winning author and leading expert in the field of Akashic Studies. She was the first person to make access to the Akashic Records available to anyone with a desire to learn, through her Pathway Prayer Process®. Linda is thrilled to be sharing the revised version of her book *Healing Through the Akashic Records: Using the Power of Your Sacred Wounds to Discover Your Soul's Perfection*, now available in paperback from Sounds True Publishing. Prior publications include *Discover Your Soul's Path Through the Akashic Records: Taking Your Life from Ordinary to ExtraOrdinary* (Hay House, 2015) and *How to Read the Akashic Records: Accessing the Archive of the Soul and Its Journey* (Sounds True, 2009). After twenty years of deliberate soul-searching, Linda was led to the Akashic Records in 1994. She began sharing her wisdom with others through classes she developed in 1996, and founded the Linda Howe Center for Akashic Studies in 2001, offering her inspired curriculum to thousands of seekers in a variety of formats. Linda holds a Doctorate in Spiritual Studies, with a specialty in the Akashic Records, from Emerson Theological Institute. Her latest adventures include teaching intensive classes in China.

#### **PROFILE:**

Dynamic teacher, inspirational speaker, gifted meditation guide, award-winning author, and international Akashic Records expert, intent on empowering individuals to establish and maintain a conscious connection with their souls through the use of this infinite, spiritual resource, and committed

to facilitating their spiritual awakening to ever-greater levels of awareness and alignment for inner peace, meaningful engagement in relationships, and powerful participation in the world.

#### **ABOUT THE LINDA HOWE CENTER FOR AKASHIC STUDIES:**

The Linda Howe Center for Akashic Studies offers an inspired curriculum for spiritual growth. Through the Pathway Prayer Process©, certification programs, classes, books, recordings, personal consultations, coaching sessions, and speaking engagements, Dr. Linda Howe offers participants the methodology to empower their soul's purpose and experience the Akashic Records directly.

#### **PUBLICATIONS and AWARDS:**

2016 - Winner, Coalition of Visionary Resources (COVR) Award for Best Contemporary Spirituality Book for *Discover Your Soul's Path Through the Akashic Records*

2016 - *Healing Through the Akashic Records* revised and reissued in paperback in June

2015 - *Discover Your Soul's Path Through the Akashic Records: Taking Your Life from Ordinary to ExtraOrdinary* (Hay House)

2012 - Second Runner-Up, Coalition of Visionary Resources (COVR) Award for Best Spirituality/Alternative Science Book for *Healing Through the Akashic Records*

2011 - *Healing Through the Akashic Records: Using the Power of Your Sacred Wounds to Discover Your Soul's Perfection* (Sounds True), audio set and book

2010 - Winner, Coalition of Visionary Resources (COVR) Award for Best Spirituality/Alternative Science Book for *How to Read the Akashic Records*

2009 - *How to Read the Akashic Records* (Sounds True), audio set and book

#### **PROFESSIONAL EXPERIENCE:**

2010 - Present: Teaching and Speaking Engagements - Continuously developing and teaching a variety of online and in-person courses within and outside of the Akashic Records as requested/sponsored by the Center for Akashic Studies, Daily OM, and other healthcare facilities, yoga centers, and bookstores; frequent guest on various radio and TV programs; and featured speaker in programs sponsored by Sounds True Publishing, the Infinity Foundation, Circles of Wisdom, Ultimate Life Company, and Aha! Moments.

2001 - Present: Certified Teacher Training Program - Developed and implemented intensive yearlong Akashic Records Teacher Training Program, certifying teachers from all over the globe to teach the Pathway Prayer Process©.

2001: Founded Center for Akashic Studies in Chicago, Illinois – Instructional hub for Akashic practitioners; originated Pathway Prayer Process© to access the Heart of the Records.

1996 - Present: Akashic Records Teacher - Developed and implemented comprehensive curriculum for consciousness development and personal transformation through the Akashic Records; trained and certified groups of diverse individuals from all over the world.

1994 - Present: Akashic Records Practitioner - Consulting one-on-one with 10 to 20 individuals per week for spiritual guidance based in the Akasha, and focused on personal empowerment and spiritual healing.

1986 - 1994: Spiritual Consultant - Consulted individuals and small groups to support their spiritual development, applying classic, core shamanic healing and other spiritual modalities.

**EDUCATION:**

Emerson Theological Institute, Oakhurst, CA, Doctoral Degree in Spiritual Studies with a Specialty in the Akashic Records, December 2015

University of Illinois at Urbana-Champaign, Graduate Work in Russian History, 1984-86

Mundelein College, Chicago, Bachelor of Arts in History, 1976

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